Personal Development at St Barnabas and St Paul's

At St Barnabas and St Paul's Primary School we work hard to support children to develop in to well rounded adults. Our Christian values assist us to underpin the core values which help the children to foster meaning to what they do.

At the heart of all of our decisions are the children, the impact of our decisions on them and the impact on our staff. We strongly believe in providing children with exciting, creative and meaningful learning experiences, which encourages their curiosity and enables them to grow as ambassadors of our school.

Throughout their journey at St Barnabas and St Paul's Primary School, children are empowered to learn now and improve their life chances later as we help them to develop personal awareness, tolerance and belief. This enables them to observe their own emotions and feelings, regulate them and make conscious decisions about their learning, behaviour and lives.

Personal development is nurtured in many ways. They are;

- Christian Values / British Values
- Courageous Advocacy
    - School Council
    - Well-being Champions
    - Eco Warriors
    - Prefects
    - OPAL leaders
    - Digital Leaders
- ELSA
- Extra-Curricular Activities
- PSHE

Christian Values / British Values

The Christian Values are pertinent in all we do. It is weaved through the curriculum and our daily routine. The Christian Values and vision encompass hope and a passion for inclusion. Leaders and staff inspire all pupils to work together to 'be the best for God that they can be'. It is the foundation of our every collective worship. The values also form part of every PSHE/ RSE lesson. It is also woven through and discussed within the curriculum (History, Computing, RE, etc). In Reception, self-regulation and developing personal responsibility is taught and developed throughout school. Eg, In the EYFS they have introduced a self-regulation basket and children make personal choices about where to sit on the carpet as the best place to

learn. In KS1 and beyond pupils are encouraged to find solutions to their own problems, pupils are given responsibility to look after their own equipment in class.

The British Values are not taught explicitly but woven through everyday learning with 'Mr Dit'. These are also discussed and explored during Picture News by making links with the wider world.

- Mutual Respect
- Rule of law
- Democracy
- Individual Liberty
- Tolerance

Courageous Advocacy

The children are encouraged to be courageous advocates. They fulfil leadership roles on behalf of their class. These roles are elected democratically. This occurs annually and those elected remain in post for a year. We have representative from Y1 to Y6 and include SEN and PPG.

School Council and Well Being Champions

The School council carefully select activities that think about the national and international Activities are driven by the children and ***in '22 – '23 have included: leading assemblies (Fairtrade and anti-bullying), fundraising Macmillan/ Ukraine/ Children in Need, Year 5 visit the Mayor's Parlour, ECO warriors plant on the school grounds, litter picking and carrying out questionnaires.*** Within the School Council, members take on additional roles/responsibilities The Well Being Champions supervise and lead an area on the playground to help children with the mental well-being. They also monitor the buddy bench and assign any children as needed to prefects or OPAL leads.

Prefects and OPAL leaders

We actively aim to develop young leaders in school. Head boy/girl, deputies. Prefects are trained (Year 6 children) and support with structured, active play at lunchtimes in KS1. Other responsibilities include; Hall- lunch duty- including; serving water; Hall- setting up for assembly; End of worship doors and corridors; monitor use of Megaphone at playtime; monitoring the playground (KS1); monitoring the playground (KS2); supervise children in classes to support welfare at wet play time.

Personal Goals

Children develop character traits that will equip them for life now, through education and in the future. These are not taught explicitly but are integrated within our whole curriculum and wider opportunities by developing a growth mindset. They merge into our Christian and British Values and support character development>

These goals are:

- Adaptability
- Communication
- Enquiry
- Ethical
- Resilience
- Respect
- Thoughtfulness
- Teamwork

INTENT AND QUALITY

At St Barnabas and St Paul's, we recognise the importance of RSHE. We believe that children should be enabled to develop knowledge and understanding, skills, attitudes and values relating to growth and change, personal safety and relationships within the context of family life, thus equipping them for their lives now, through puberty, adolescence and adult life. Emphasis is placed on the physical and emotional health and well-being of the child.

Underpinning our curriculum intent are our devised Christian Values:

- Hope
- Compassion
- Trust
- Forgiveness
- Perseverance
- Thankfulness

Citizens

Intent in of our curriculum in creating future citizenship and character, so that pupils are exceptional citizens of the:

- United Kingdom
- Global Citizenship –supported through links with the Fair Trade(Year 5) movement and Conservation
- Community based action and contributions to improving lives in our locality

Academic

- Our curriculum must primarily instil and reinforce our core inclusive values, whilst ensuring every pupil reaches the very highest level of their own unique potential.

- Our curriculum must make changes to long term memory and be sequenced in a way that achieves maximum impact in the relatively short time pupils are in school and inspires home research to extend the learning opportunities

- Pupils must achieve exceptionally well at whatever level they operate but not at the expense of their mental health and well being

- Learning should be varied and enjoyable with teachers employing a wide repertoire of teaching techniques, following the latest research

Our pupils are taught self-regulation (EYFS to Y6) and about what is right/wrong. They understand the need for rules/laws (within school and wider society).

Protected Characteristics

These are taught throughout the curriculum. The children have been introduced to the characteristics with Mrs P Grads and they are also discussed along with Picture News.

Mrs P Grads

- Marriage
- Race
- Sex
- Pregnancy
- Gender
- Religion
- Age
- Disability
- Sexual Orientation

Relationships Education

Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

These are taught using Jigsaw, the mindful approach to PSHE. It is a progressive and spiral scheme of learning. In planning the lessons, Jigsaw PSHE ensures that learning from previous years is revisited and extended, adding new concepts, knowledge and skills, year on year as appropriate. The curriculum builds on knowledge and skills progression within all six Puzzles (units of work) including the key vocabulary used in each year group; explicit links to the DfE statutory Relationships and Health Education outcomes have been made in each Puzzle.

SEX EDUCATION/PUBERTY – Life cycles are taught as part of 'Changing Me' Jigsaw unit and through the science curriculum. Changes to the human body/puberty is taught in upper KS2 as part of 'Changing Me'. By the end of KS2 pupils are taught about the sending of 'nudes' and consent.

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PHYSICAL HEALTH - Taught as part of 'Healthy Me' Jigsaw unit. Also through science, PE and the wider curriculum (eg, school nurse)

WIDER SAFETY AND ONLINE SAFETY - Taught as part of 'Relationships' Jigsaw unit; NSPCC 'Speak out. Stay safe' programme. Online safety is also taught through the 'SMART' rules before th start of each lesson.

ECONOMIC UNDERSTANDING - Taught as part of 'Dreams and Goals' Jigsaw unit(Y5). Y6 'Fiver Challenge' in Summer 2

INCLUSION AND EQUALITY OF OPPORTUNITY – We are a fully inclusive school. Pupils are helped to understand that we are all unique and that everyone should be treated equally. All pupils have access to the curriculum. Reasonable adjustments made (processing time, visuals, adapted resources)

CAREERS INFORMATION – Taught as part of 'Dreams and Goals' Jigsaw unit; Y6 Summer 2 as part of Enterprise and transition. Professionals are invited in to talk to the children in Y6.

SMSC – It is integrated within personal development. It does not stand alone but is within: our School Ethos, PSHE, Citizenship, Healthy Schools, RE and other curriculum subjects. Additionally, it goes beyond the curriculum, into wider curriculum opportunities.

BRITISH VALUES – These are discussed during every Jigsaw lesson and are part of 'Picture News'. Lessons and the wider PD programme ensure that pupils are taught about British Values

CURRENT AFFAIRS – 'Picture News', 'First News' and Newsround support the teaching of current affairs. Opportunities through a variety of lessons and assemblies to discuss current affairs. EG, Y6 'Going Global' Russia and Ukraine and the wider impact globally.

RECORDING AND CELEBRATING PERSONAL DEVLEOPMENT – Evidence in children's books, On Class DOJO, thankyou messages/emails from charities including the Food Bank, positive comments from visitors into school