



P.E Long Term Plan



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE: Unit 1 Fundamentals: Unit 1	Introduction to PE: Unit 2 Ball Skills	Dance Team Fundamentals: Unit 2	Gymnastics: Unit 1 Ball Skills: Unit 2	Dance: Unit 2 Games: Unit 1	Gymnastics: Unit 2 Games: Unit 2
Year 1	Target Games Fundamentals	Gymnastics Ball Skills	Dance Team Building	Invasion Sending and Receiving	Net and Wall Athletics	Yoga Striking and Fielding
Year 2	Target Games Fundamentals	Gymnastics Ball Skills	Dance Team Building	Invasion Sending and Receiving	Net and Wall Athletics	Yoga Striking and Fielding
Year 3	Netball Fundamentals	Gymnastics Hockey	Dance Swimming	Ball skills Swimming	Athletics Swimming	Cricket Swimming
Year 4	Fitness Football	Gymnastics Basketball	Dance OAA	Rounders Tennis	Athletics Swimming	Cricket Swimming
Year 5	Gymnastics Swimming	Hockey Swimming	OAA Swimming	Netball Swimming	Tag Rugby Athletics	Tennis Cricket
Year 6	Football Dance	Basketball Fitness	Hockey Gymnastics	Tag ruby OAA	Athletics Tennis	Cricket Badminton