

How the EYFS Curriculum prepares children for Year 1

Design and Technology	Readiness for Year1 In EYFS, pupils learn about...	Year 1
Structures	Becoming familiar with a range of materials, describing their properties. Making structures with a range of materials. Exploring making structures stronger.	To understand that the shape of materials can be changed to improve the strength and stiffness of structures. To understand that cylinders are a strong type of structure. To begin to understand that different structures are used for different purposes. To know that a structure is something that has been made and put together. To understand that axles are used in structures and mechanisms to make parts turn in a circle.
Textiles	Using scissors to cut along different lines – wavy, zig-zag, straight. Joining together a range of materials - e.g. threading, weaving, sticking, stapling. Talking about their work and saying what they like and dislike.	To know how a design can help to construct. To know how to use a template to create a design. To be able to use scissors to cut a range of fabrics following a template. To use joining techniques in order to connect materials together. To sequence and follow steps for construction. To evaluate by sharing likes and dislikes of a finished product.
Cooking and Nutrition	Learning how to use a knife and fork. Practising cutting with a knife. Learning about and naming fruits and vegetables (healthy lifestyles). Selecting and gathering ingredients. Following a recipe / instruction. Explaining what they have made and how.	Chopping fruit and vegetables safely. To name a selection of fruits and vegetables. To know the difference between a fruit and a vegetable (where they grow). Select from and use a range of tools and equipment to perform practical tasks. To suggest which fruits to put together based on taste. To gather the ingredients for a simple recipe. To evaluate the design.

